

AYURVED

THE SCIENCE OF LIFE

ISHAN AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

(Recognised by NCISM, Ministry of AYUSH, Govt. of India)

Affiliated to Mahayogi Guru Gorakhnath AYUSH University, Gorakhpur, U.P.

A Journey towards Excellence!

Transforming Lives by Empowering Minds

HONOURABLE DIGNITARIES AT ISHAN CAMPUS



"Good infrastructure, faculty, etc. good effort by Dr. Garg & team Best wishes for the future"

-Sh. Shripad Yesso Naik
Minister of State (I/C), Ministry of AYUSH,
Govt. of India, New Delhi



"Excellent infrastructure & visionary institute. Congratulations & best wishes for development of institution as centre of Excellence in Ayurveda to Dr. D.K. Garg & team."

-Prof. (Dr.) Tanuja Neshri
Director All India Institute of Ayurveda
(AIIA)



"Ishan's education - based on Indian values and principles..."

-Sh. Rajat Sharma,
Chairman, India TV



"Have had the opportunity to see a very good Ayurvedic Institution with versatile activities & vibrant campus. Best wishesh for progressive performance and scientific achievements in the field of Ayurveda"

-Dr. D.C. Katoch
Ex. Advisor, Department of Ayush, Ministry of Health & Family Welfare, Govt. of India, New Delhi



"Appreciate the constant efforts of Dr. D. K. Garg, Chairman to go forwards achieving his goals and wish him the best of luck"

-Dr. Murli Manohar Joshi
Union of Minister HRD Govt. of India, New Delhi



"Its always a pleasure to come to Ishan Ayurvedic Medical College & motivate student tom excel in their life. I convey my best wishes to Dr. D.K. Garg ji & his Team"

-Dr. Nitin Agrawal
Director BLISS Ayurveda



"Impressive- the discovery of so many medicinal plants we are aware of but not too conscious about the good and medical effects. It should be preserved and passed on to the new generation"

-H.E. Mr. Haymandoyal Dillum,
Hon'ble High Commissioner,
Embassy of Mauritius to India



"I personally have been at Ishan hospital for treatment and I got an experience of lifetime which I am confidently going to share with my country. The therapy was so wow!"

-Mrs. Marosa Khojane,
Third Secretary of Kingdom of Lesotho to India



"एषः महाविद्यालयः न केवल उत्तर प्रदेशस्य अपितु सम्पूर्ण देशस्य उत्तमः महाविद्यालयः भवेयुः इति"

-Prof. (Dr.) Mahesh Vyas
Dean, All India Institute of Ayurveda, New Delhi



"An Extraordinary Ayurvedic teaching institute who has been imparting education beyond syllabus. Energetic & cheerful faculty. My Good wishesh to all"

-Vaidya Balendu Prakash
Indian Ayurveda Practitioner
Former Physician to the President of India



"Good infrastructure to teach & learn Ayurveda. I wish all the success to the institute to take Ayurveda to new heights."

-Dr. Keshav Chauhan
Head - Jiva AyunIQUE at Jiva Ayurveda



"इसके पहले मैंने काफी आयुर्वेदिक संस्थान विजिट किये है। यहाँ पूर्णरूप से बहुत अच्छे फैसिलिटीज के साथ इफ्रन मौजूद है। अच्छा परफॉर्मन्स और माहौल है-मेरी शुभकामनायें भारत माता की जय"

-Shyam Jaju
Former Vice President, Bharatiya Janata Party (BJP)



Dr. A.P.J. Abdul Kalam
President of India



Murli Manohar Joshi
Union of Minister HRD Govt. of India, New Delhi



Dr. Mahesh Sharma
Minister of Culture Govt. of India, M.P. - Lok Sabha



H.E. Sh. Gopal Prasad (Governor)
H.E. Sh. Donkumar Roy (CM, Manipur)



Shri Prataprao Ganpatrao Jadhav
Minister of AYUSH (I/C)



Vaidya Rajesh Kotecha
Secretary, Ministry of AYUSH Govt. of India



Sh. Shripad Yesso Naik
Minister of State (I/C) Ayurveda



Dr. G. V. G. Krishnamurthy
Ex. Former Chief Election Commissioner



Prof. Dr. Awadhesh Kumar Singh
Vice Chancellor of Mahayogi Guru Gorakhnath AYUSH University



Dr. Subramanian Swamy
Sr. BJP Leader



H.E. Sh. Ram Naik
Ex Governor of UP



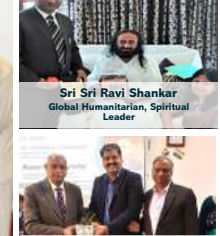
Swami Vivekanand Parivrajak



Er. O. P. Agrawal
General Secretary,
Ishan Educational Institutions



H.E. T.B. Rajeshwar
Governor of U.P.



Dr. Surendra Chaudhary
National Secretary Vishwa Ayurved
Parishad, U.P.



Yog Guru Baba Ramdev
Founder of Patanjali Ayurveda



H. E. Freddy Svane
Ambassador of Denmark



Sharman Joshi
Bollywood Actor



Ishan Ayurvedic Medical College Campus
Greater Noida

ABOUT ISHAN

Founded in 1994, Ishan Educational Institutions is a shining example of excellence and unparalleled efficiency. It is led by a team of highly qualified and experienced educators. The visionary founders established this prestigious Ayurveda College and hospital with the primary goal of imparting top-notch education while promoting health awareness among the general populace.

Dr. D.K. Garg, the Founder Chairman of the Group, is not only a distinguished herbalist but also a renowned social worker and author of numerous Ayurveda books. His visionary leadership has consistently focused on elevating the realm of Indian medicine to remarkable heights. Today, the college stands as a shining beacon in its field, setting a benchmark for excellence and serving as an inspiration to countless other institutions.

The institute boasts a team of highly dedicated, enthusiastic, and experienced educators who excel in delivering top-quality education in the field of Ayurveda. Their goal is to attain global recognition and excellence in academics, clinical practice, research, and the advancement of Ayurvedic sciences.

The institution places a strong emphasis on providing exposure to students under the guidance of immensely experienced lecturers and a panel of expert doctors. The institution is also equipped with state-of-the-art hospital facilities.

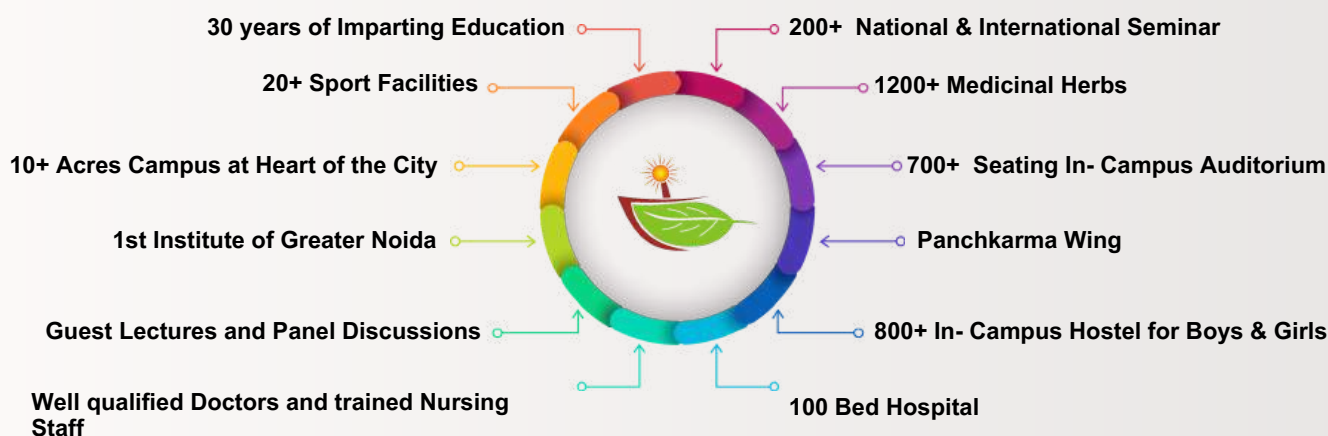
In addition to these resources, the institution maintains a meticulously cultivated in-house herbal garden containing over 1,200 medicinal herbs. The primary objective here is to create a conducive learning environment that enables students to concentrate on their studies and gain maximum practical exposure. In essence, the institution's approach can be summarized as **"learning by doing."**

Highly experienced and meritorious medical teaching faculty

Advanced research facilities providing faculty and students with an infinite exposure to innovate new ideas and technology.

Well laid aesthetically planned campus with all modern facilities for teaching & learning.

All inclusive learning programs through student clubs for professional, cultural, creative and innovative growth of the students.



Ishan Ayurvedic Medical College and Research Centre was founded with the aim of nurturing a culture of excellence in Ayurveda. The students are not just educated but imbued with the responsibility of upholding this ancient healing tradition. Through comprehensive training, cutting-edge facilities and exceptional mentorship, our college offers the perfect setting for students to continue the timeless legacy of Ayurveda.

ABOUT BAMS



The curriculum is meticulously crafted to produce graduates with an extensive understanding of Ayurveda, complemented by a thorough grounding in modern sciences. Upon completion, these graduates will possess the skills to excel as capable practitioners across all branches of Ayurveda. They will be well-prepared to take on roles as proficient educators and research professionals in various specialized fields. This multifaceted education equips them to make significant contributions to India's healthcare landscape.

B.A.M.S. (Bachelor of Ayurvedic Medicine & Surgery)

Program Structure:

Duration: 4½ Years (Full-Time) with an additional 1 Year Compulsory Internship.



APPROVAL AND AFFILIATION

BAMS Under-Graduate Program is permitted by NCISM (National Commission for Indian System of Medicine), Min. of AYUSH, Govt. of India. The program is affiliated by Mahayogi Guru Gorakhnath AYUSH University, Uttar Pradesh.



MINIMUM QUALIFICATION

10+2 with PCB (50% marks in each of the subjects) or as per the NCISM / State Govt.

CURRICULUM

Syllabus of B.A.M.S. course shall be according to the affiliating university i.e. Mahayogi Guru Gorakhnath AYUSH University, U.P. and NCISM.



DEPARTMENTS AND LABS

All the laboratories are well planned and equipped with all the equipments to help conduct experiments.



Sanskrit, Samhita & Siddhanta

The first and the most important Department of Ayurveda is concerned with basic principles of Ayurveda which are described in classical texts. Samhitas are in Sanskrit language, so to understand the Samhita in their true meaning, Sanskrit is also taught by this department along with Samhitas in detail.



Kriya Sharira (Human Physiology)

Sharir Kriya is the science focusing on the normal function of the human body and its components. It highlights the Ayurvedic concepts of Dosha, Dhatu, and Malas. Ayurveda recognizes the uniqueness of each individual, and the subject's specialty lies in the analysis of body and mind, known as "prakriti Parikshana," to understand this individuality.

Rachana Sharira (Human Anatomy)

Sharir Rachana is the branch of Ayurveda which deals with the knowledge about bones, muscles, blood vessels, strotas, joints, vital organs and about the knowledge of Marmas and Garbha Sharir. The Rachana Sharir subject comprises study of normal body structures documented by Ayurveda as well as the study of Modern Anatomy.



Dravyaguna Vigyan (Pharmacology and Materia Medica-Herbal)

An essential segment of Ayurveda, this branch aids in plant identification and imparts knowledge about their properties and uses, forming the foundation of Ayurvedic medicines. It encompasses the fundamental principles of drug action and an in-depth study of herbal remedies, establishing a groundwork for the therapeutic application of herbs.



Rog Nidan Evam Vikruti Vigyan (Pathology)

Rog Nidan-Vikriti Vigyan serves as the cornerstone for all clinical subjects. It provides comprehensive insights into diseases. This discipline focuses on clinical examination methods, recognizing the signs and symptoms of diseases, and understanding their clinical features. It also involves conducting various diagnostic tests, such as pathological tests, ECG, X-ray, USG, and interpreting their results effectively.



Rasa Shastra Evam Bhaishajya Kalpana (Pharmaceutical Science)

The Department deals with the preparation of medicines by using Kashtaoushadhi (Herbal), Rasoushadhi (Mineral) and Kashta-rasoushadhi (Herbo-mineral). These drugs must undergo proper samskaras like, Shodhana, Marana, etc. before preparing medicines to avoid toxicity of the drugs. Different types of formulations i.e., Vati, Churna, Bhasma, Kupipakwa rasa, parpati, pottali, Varti, Asavarishta, arka etc. are prepared.



Swasthavritta & Yoga

Swasthavritta is the branch of Ayurveda which plays an important role in health promotion and prevention of diseases, through holistic approach of Diet, Lifestyle modification and Achar Rasayan (Ethical practices). Department also emphasizes practice of Yoga & Naturopathy.



Agad Tantra Evam Vidhi Vaidyak (Toxicology & Medical Jurisprudence)

This department specializes in instructing the toxicological aspects outlined in Ayurveda. Students gain insight into various plant and animal poisons, including their detection, diagnosis, treatment, and prognosis. The curriculum covers both modern and Ayurvedic perspectives on toxicology. Additionally, this department imparts fundamental knowledge in forensic medicine to the students.



Prasuti Tantra Evam Stri Roga (Gynecology & Obstetrics)

The Department specializes in providing training in Ayurvedic Gynaecology and Obstetrics. In Gynaecology, the focus is on menstrual disorders, diseases of the female genital tract, and venereal diseases. Obstetrics encompasses conditions related to maternity, normal and abnormal delivery, and the overall comprehensive care of women.



Kaumarbhritya - Bal Roga (Paediatrics)

Kaumarbhritya is the branch of Ayurveda dedicated to the health and medical care of children, spanning from birth to 18 years of age. It takes a holistic approach to address all aspects of nursing and ensuring the healthy upbringing of newborns, infants, and adolescents. This approach aims to contribute to the betterment of both the individual progeny and society as a whole. Kaumarbhritya also encompasses the diagnosis and treatment of diseases and disorders affecting children, including nutritional aspects of child health.



Kayachikitsa (Internal Medicine)

The foundation of Ayurvedic therapeutics rests upon the concept of Kaya (Agni). This clinical department plays a crucial role in serving humanity by promoting health, rejuvenation, and longevity. Treatment protocols may include a variety of internal and external medications, along with specialized therapies, to address a wide range of health concerns.

Shalya Tantra (General Surgery)

This department has an expansive scope that extends into the realm of surgery and para-surgical techniques. It imparts fundamental knowledge about surgical diseases, various disabilities, deformities, traumas, fractures, congenital and acquired illnesses, and more. Moreover, it covers specialized techniques in para-surgical procedures such as Kshara karma, Kshara sutra, Agni karma, Rakta mokshana, Jalaukavacharana, Sira vyadhana, and others.



Shalakya Tantra (ENT & Ophthalmology)

Shalakya tantra deal with the diseases & treatment of netra, karna, nasa, mukha & shira. Netra Roga Vigyan is having utmost importance because if vision is lost a blind man though rich cannot enjoy the world, so it is explained that "Sarvendriyanam Nayanam Pradhanam". Management of disease with special emphasis on Ayurvedic treatment procedures like Kriya Kalpa, Nasya, Moordha taila, Eye Exercises, Basti etc.

Panchkarma

This department serves the community by providing treatment for a wide range of patients. Panchakarma encompasses five primary treatment modalities, namely Vamana (Therapeutic emesis), Virechana (Therapeutic purgation), Niruha Basti (Therapeutic Cleansing Enema), Anuvasan Basti (Therapeutic Oil Enema), and Nasya (Therapeutic Nasal instillation of Medicine).



ISHAN AYURVEDIC HOSPITAL

Ishan Ayurvedic Hospital is dedicated to delivering top-tier Ayurvedic treatments and services. We employ traditional methods and remedies to support individuals in attaining and sustaining their best health. Our skilled and informed practitioners offer personalized care to every patient.

At Ishan Ayurvedic Hospital, we ensure efficient training for students and the effective treatment of patients by maintaining well-equipped outpatient departments (OPD) in all clinical departments.



Physiotherapy



X-Ray



Pathology Lab



**Free Medical
Camps**



E.C.G.



Radiology

- Radiology department has well developed X- ray unit.
- In this unit all types of X-ray are done regularly by the trained X-ray technician under the guidance of radiologist

Pathology

- Highly advanced pathology lab allows accurate and timely pathological tests with computerized reports.
- The lab is situated in the hospital and dedicated to patient care that follows the highest standard norms to their service.

Outpatient Department (OPD)

- Kaya Chikitsa (Medicine)
- Shalya Tantra (Surgery)
- Shalakya Tantra (ENT and Ophthalmology)
- Bal Roga (Pediatrics)
- Prasuti and Stri Rog (Obstetrics and Gynecology)
- Swasthavritta and Yoga (Preventive Social Medicine and Yoga)
- Panchakarma Unit
- Casualty Department

In-patient Department (IPD)

Ishan has 100 bed In-Patient Department (IPD) with round-the-clock availability of highly qualified doctors and skilled nursing staff for the dedicated care of admitted patients. The IPD comprises distinct male and female general wards, along with semi-special and special rooms. Additionally, it houses a fully-equipped operating theater for both major and minor surgeries.

The IPD Section is equipped with the latest medical technology and comprehensive clinical testing facilities, ensuring top-notch medical care for all patients.



Operation Theatre



Screening OPD



Panchakarma



Yoga Centre



100 beded hospital

Panchakarma Wing

- Ishan Ayurvedic Hospital boasts an advanced Panchakarma facility, providing a high standard of hygiene and treatment quality across all therapies.
- The Panchakarma wings are separate for male and female patients.
- Our team consists of well-trained, experienced, and courteous therapists who conduct procedures under the close supervision and guidance of specialist Panchakarma doctors.
- The facility offers the five fundamental Shodhnan karmas (Cleansing Methods), which include:

- Vamana
- Virechana
- Basti
- Nasya
- Rakta Mokshana

Physiotherapy

- Ishan Ayurvedic Hospital is features a comprehensive and fully equipped physiotherapy center.
- Skilled physiotherapists assist patients who are impacted by injuries, illnesses, or disabilities using a combination of movement and exercise, manual therapy, and the provision of valuable education and advice.

ECG

- Ishan Ayurvedic Hospital is equipped with an ECG unit that offers top-notch services to cater to the needs of our patients.





CAMPS

- Ishan Ayurvedic Hospital conducts regular free health camps in both rural and urban areas. These camps involve comprehensive check-ups conducted by specialist doctors, the distribution of free medicines, and specialized tests such as blood pressure, blood sugar, and haemoglobin monitoring. These timely interventions enable early diagnosis and treatment, thereby reducing the occurrence of morbidity and mortality.
- Ishan Ayurvedic Hospital hosts monthly indoor and outdoor camps, Swarnaprashana camps (on pushya nakshatra), and Asthma camps (on Purnima night) as part of its ongoing commitment to community healthcare.

HEALTH CAMPS IN RURAL AREAS

- Our primary focus is bringing healthcare to the rural and tribal areas. With this in view, we conduct several health check-up, first aid training and health education camps in the rural areas near Greater Noida.
- We have organized about 100 health camps in rural areas like village Chauganpur, Tugalpur, Sunpura, Ronija, Salarpur, Sakhipur, Natmaraiya, Dadri, Bironda, Suthyana and many other areas near Greater Noida

HEALTH CAMPS IN SCHOOLS AND COLLEGES

- Ishan Ayurvedic Hospital has successfully organized over 25 health camps and awareness programs. The primary objectives of these health camps are:
 - To offer age-appropriate information regarding health and nutrition to school children.
 - To instill and promote healthy behaviors among children that will become a lifelong part of their lifestyle.

SWARNAPRASHANA CAMPS

- Swarnaprashana is the process wherein a semi-liquid mixture containing Swarna Bhasma (ash of gold) along with other herbal extracts is administered to children orally.
- Ishan Ayurvedic Hospital hosts a Swarnaprashana camp every month on the auspicious day of pushya nakshatra. To date, the hospital has successfully conducted over 40 of these camps.

ASTHMA CAMP

- Asthma Camp is an initiative of the community health.
- Ishan Ayurvedic Hospital has been conducting Asthma Camp since November 2019 to present on the night of Full Moon (Purnima).



Eye Checkup Camp in Rural



Swarnaprashana Camp



Rural Health Camp



Health Camp at GL Bajaj



Health Camp in School



Asthma Camp



Urban Health Camp

TEACHING METHODOLOGY

Teaching involves the process of conveying knowledge and instructions, while learning encompasses the acquisition of knowledge, behaviours, skills, and values, among other things. Theoretical training is delivered through lectures, presentations on LED Projectors, group discussions, and access to a well-stocked library.

The institute further facilitates learning through fully equipped laboratories and a museum, where students can engage in practical work and demonstrations, thereby enhancing their learning experience. Additionally, academic field visits and training programs are organized to broaden students' horizons.

To foster practical exposure, students actively participate in hands-on activities, learning by doing, and real-world applications of their knowledge. The institute also encourages students to engage in international conferences, debates, and competitions, allowing them to expand their horizons and gain exposure to global perspectives. These diverse learning opportunities aim to provide a holistic and well-rounded education to students.



INFRASTRUCTURE



HOSTELS

Separate hostels are available for boys and girls, as well as for staff on the campus itself, with a calm and serene environment. The rooms are spacious, well-furnished, and equipped with excellent sanitary and communication facilities. TV, fridge, and geyser are provided. These facilities are designed to create a home-like atmosphere for students and staff, facilitating the pursuit of their ambitions.



HERBAL GARDEN

The institute boasts a vast Herbal Garden, covering an area of over one acre, which houses more than 280 unique plant species and a total of over 1200 plants. These include a wide range, from small herbs like Brahmi and Madukparni to trees such as Madhuka, Arjuna, and Kanchanara. It also hosts rare and significant plants like Rudraksha, Shyonak, Vijaysara, Chandana, Guggulu, and Shami. Students often receive instruction in Dravyaguna right within the arboretum, improving their visual memory for better identification and comprehension of medicinal plants.



NAKSHATRA VATIKA

Star-Tree Plantation - Ishan Ayurvedic Medical College has developed an astrologically designed garden "Nakshatra Vatika" Star-Tree Plantation. In Vedic Astrology, there are 27 lunar mansions or Nakshatra and each one is associated with a specific plant or tree. The 27 Nakshatra trees offer a profound connection between nature and spirituality, providing a unique way to align ourselves with the energies of the Cosmos. The plantation according to Nakshatra is believed to be important for prosperity and good health.

Lecture Halls



The college features well-furnished and well-ventilated lecture halls designed to offer comfortable learning experiences. These halls are equipped with advanced audiovisual teaching aids, including LED projectors, air conditioning, and sound systems.

Auditorium



The college boasts one of the finest auditoriums in the Delhi NCR region, accommodating up to 700 people. This auditorium is equipped with state-of-the-art infrastructure, enabling direct telecasts and featuring a 70 mm projection system, making it ideal for hosting large conferences, seminars, film screenings, presentations, and various cultural performances with great efficiency.

Library



A well-established library serves as the institute's backbone. The Ayurveda College library is located in a spacious hall, comprising both a stock area and a reading room. The collection of books is substantial, encompassing a wide range of subjects, with over 10,000 titles. The library holds not only the latest publications but also rare books dating back 200 years, all available in five different languages.



COMPUTER LAB

The college features a well-developed computer lab. All the computers in the center are equipped with the latest and updated software and hardware. The computer lab is accessible to students for internet access, practice, and project preparation, all connected through a network. Online research publications are readily available. Students are also supplied with Microsoft licenses and cloud storage to facilitate research sharing and working on assignments.

WI-FI

The college campus is fully Wi-Fi enabled, accessible to both students and staff members. Users are provided with secure access through a login ID and password, allowing them to connect to the Wi-Fi network using their laptops.

FOOD ZONE

The campus features a spacious and hygienic canteen, offering fresh and healthy food options, including morning and evening tea or coffee, juices, milk, and beverages. It also provides well-balanced three meals a day, along with other essential dietary offerings, to both students and visitors. The food is prepared under the direct supervision of the mess committee.

FITNESS CENTRE

The college has its own fitness center/gymnasium, equipped with a variety of exercise equipment for cardio, muscle building, and overall fitness. This on-campus gym promotes a healthy lifestyle and well-being.



College Life



"Unlocking Success: It Starts with Education."

GLOBAL FOOTPRINT

GLOBAL AYURVED SUMMIT 2023

The college organised International Ayurvedic Summit on 7th October 2023 wherein 16 countries namely Gambia, Seychelles, Lesotho, Guinea, Eritrea, Nigeria, Kyrgyz Republic, Ethiopia, Mongolia, Fiji, Mauritius, Tajikistan, Republic of Angola, Republic of Suriname, Uzbekistan, Palestine participated and over 700 delegates attended the summit.

Ishan College is the sole institution in India to have organized such an event in the realm of Ayurveda. The primary aim was to bring together numerous countries on a single platform to exchange knowledge about Ayurvedic research, products, treatments, and to foster potential mutual trade relationships. The event achieved remarkable success.

In-depth discussions regarding innovation, investments, and growth prospects in the emerging sector were conducted. New concepts and research findings were shared with stakeholders, aimed at building a continuum of results-driven outcomes.



INTERNATIONAL SEMINAR -AYURMANTHAN 2023

Ishan Ayurvedic Medical College and Research Centre hosted the "INTERNATIONAL SEMINAR "AYURMANTHAN - 2023" on March 2nd and 3rd, 2023. The seminar's theme revolved around the following topics:

- Concept of organelle aging with respect to Rasayana.
- Ayurveda in metabolic disorders/lifestyle disorders.
- The role of Ayurveda and yoga in psychosomatic disorders.

During the seminar, approximately 20 international guest speakers from various countries, including Tokyo and Singapore, delivered lectures. The event saw participation from more than 500 delegates. Experienced educators, physicians, researchers, and scholars presented their research papers and shared their insights and knowledge. The event also attracted numerous renowned pharmaceutical companies.

NATIONAL AFFAIRS

With the rapidly evolving landscape of medical science and its global recognition, the College actively organises a range of seminars and workshops. These events address current issues, and we invite distinguished and highly qualified individuals to impart their knowledge and expertise to our students.

National Workshop on Nasya and Its Clinical Applications

A Two-Day National Workshop on September 6th and 7th, 2019, featuring scientific presentations by both undergraduate and postgraduate scholars, followed by live demonstration sessions conducted by distinguished Panchakarma specialists.

Abhilekh Ishan's All India Essay Competition

Abhilekh Ishan's All India Essay Competition - In an effort to enhance students' writing skills, a national-level essay competition titled "Abhilekh" is organized annually, and prizes are awarded to the winners.

CME Program

The College organised a Continuing Medical Education (CME) Program focused on "Recent Advancements in Panchakarma for Healthy Aging" on February 13, 2023.

Educational Tours

The college organises various educational tours around the year. Educational tours play a pivotal role in medical education by providing students with practical exposure to healthcare environments, fostering hands-on learning experiences, and enhancing their understanding of medical practices. These tours enable students to witness real-world medical scenarios, interact with professionals, and bridge the gap between theoretical knowledge and clinical application, ultimately cultivating well-rounded and competent medical professionals.

- Lecture cum Demonstration Method by Dr. Aviral Mathur on **Basic Life Support – The Essentials.**
- Workshop on **Positive Attitude for a Successful Career** by Dr. Deepti Patil, Deputy Chief Executive Officer, SME Chamber of India.
- Seminar on the **Efficacy of Panchakarma in the Management of Diabetes.**



- Seminar on a **Better Understanding of Hepatitis.**
- Workshop on **Women's Safety and Empowerment.**
- Seminar on the **"Nutritional and Health Benefits of Shree Anna (Millets)."**
- Seminar on **"Recent Advancements in Ayurvedic Pharmaceutics."**



GLIMPSES OF ISHAN



RESEARCH

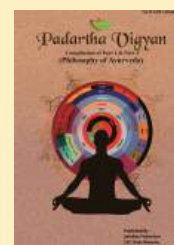
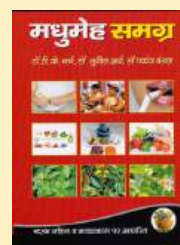
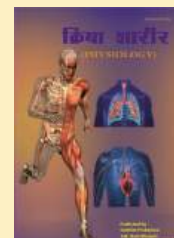
NEWSLETTERS AND RESEARCH JOURNALS

The college publishes a weekly wall magazine titled "Inside Ayurveda," managed by students and doctors. Additionally, there is a newsletter named "Ayurveda – A Way of Life." Furthermore, there is a bi-annual research journal called "Ayurveda Stream," featuring research articles from eminent personalities in the fields of medicine, health, and allied sciences.

AYURVEDIC HEALTH CARE JOURNAL

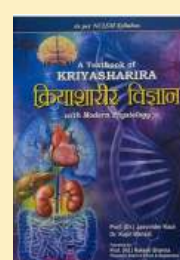
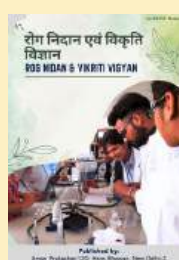
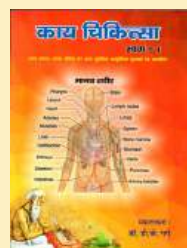
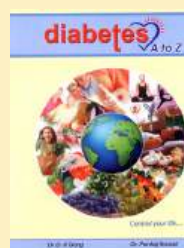
The "Ayurvedic Health Care Journal" is a peer-reviewed publication that presents research papers from various clinical specialties. It offers opportunities for students, researchers, and faculty in the fields of Ayurveda and allied medical sciences to contribute to its content.

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- **Copy Right:** Ishan Ayurveda Medical College and Research Centre
- **Subject:** Indian System of Ayurvedic Medicine
- **Language:** English
- **Starting Year:** December 2022
- **Format of Publication:** Online



PUBLICATION DIVISION

The institute has consistently been dedicated to promoting meaningful publications. To date, we have published 36 books on Ayurveda, and the publication of other books is an ongoing effort.



SPORTS & CULTURE

Become a well-rounded student; embrace extracurriculars!



Participating in extracurricular activities is essential in shaping the institute's complete and well-rounded personality. The institute has consistently provided students with opportunities to channel their energy not only into academics but also into enhancing their overall character through cultural and sports activities.

KSHITIZ

The annual functions are an integral part of our co-curricular activities. Among all the events hosted every year at Ishan Ayurvedic Medical College, the Annual function stands out as a significant occasion. It allows students to showcase their talents in front of a large audience. It's a time for celebration, recognition, feasting, and festivity, where students not only deliver fantastic performances but also receive accolades for their academic and co-curricular accomplishments. The Cultural Fest revolves around the theme 'KSHITIZ,' with students engaging in different performances, including dances, plays, fashion shows, and more.

ISHAN AYURVEDIC MEDICAL COLLEGE ORGANIZES MANY CULTURAL EVENTS THROUGHOUT THE YEAR.

- CHARAK JAYANTI CELEBRATION
- AYURVEDA FOOD FESTIVAL
- BASANT PANCHAMI CELEBRATION
- YAJURVED PARAYAN YAJYA
- HOLI CELEBRATION
- LOHRI CELEBRATION
- AYURVEDA DAY CELEBRATION

SPARDHA

A student's life is akin to a rollercoaster ride, filled with assignments, practicals, exams, internships, workshops, lectures, and other academic commitments. Amidst this demanding schedule, it's essential to take breaks for self-refreshment. This is where extracurricular activities come into play. During college life, these activities help maintain a positive and fresh outlook, keeping students energized and ultimately enhancing productivity. These activities not only lighten the mood but also contribute to shaping one's overall personality and interpersonal skills. Ishan Ayurvedic Medical College and Research Centre organizes a sports week every year.



ACHIEVEMENTS & AWARDS

Faculty Achievements

1. **1st Prize for Best Paper Presentation** in 27th National Seminar on 'Ayurved Ahar-Swasth Bharat ka Adhar', Rashtriya Ayurveda Vidyapeeth, (11.03.2022 - 12.03.2022) New Delhi - Dr. Sakshi Bakshi and Dr. Afsha Parveen
2. **1st Prize for Best Paper Presentation** in International Seminar "AYURMANTHAN -2023" organized by IAMC&RC (02.03.2023-03.03.2023) - Dr. Akanksha Ojha
3. **Presented Paper** in 9th World Ayurveda Congress 2022, Goa - Dr. Dipali Mukesh Nandave and Dr. Afsha Parveen.
4. **Award of Excellence** by Dr. Anjali Sharma, District Ayurved Officer, Gautam Buddh Nagar – for organising Yoga camps on the occasion of 5th International Yoga Day on 21 June 2019.

Student Achievements

1. **Felicitated by Sh. Shripad Naik, Hon'ble Minister of AYUSH (I/c), and Vaid. Rajesh Kotecha, Hon'ble Secretary, Ministry of AYUSH** – for exceptional performance at "Ayurfest 2019 - Deerghayu," by the All India Institute of Ayurveda – Winning several Gold, Silver and Bronze medals - -Gul Mohamad, Neha Singh, Mridul Lodhi, Yashika Sharma, Somya Patel and Shailesh Shrivastava.
2. **1st Prize for Best Paper Presentation** at "Ayur Yog Expo 2019 – World Assembly on Ayurved," organized by the Ministry of AYUSH in association with Expo Mart - Medha, Nitika Sharma, Shubhansi Kashyap and Tanisha Gupta.
3. **2nd position** in the National Quiz Competition "Jyotishmati Season-4," by Dhutpapeshwar at Chaudhary Brahm Prakash Ayurved Charak Sansthan - Anjali Bhadana, Rashi Singh, Sushant Gaur and Mohd. Umer.
4. **Presented Paper** in World Ayurveda Congress 2022, Goa - Manasi Shukla
5. **1st Prize for Best Paper Presentation** at International Seminar AYURMANTHAN 2023 - Aditi Tiwari and Srishti Sharma.
6. **1st Prize Best Poster Presentation** at International Seminar "AYURMANTHAN-2023 - Shivani Barua.
7. **3rd prize in a quiz competition** held at SGT University, Gurugram - Rashi, Anjali Bhadana, Gul Mohammad and Nikhil Khari.
8. **70 Students were awarded Certificate of Participation** for taking part in AyurYog Expo 2019 – World Assembly on Ayurved organized by Ministry of AYUSH in association with Expo Mart.



International Seminar Ayurmanthan



Jyotishmati Quiz Competition



Inter College Competition at AIIA



Students got 1st Prize at Ayur Yog Expo



Mohd. Umer Ahmed
BAMS Batch 2020
Securing 2nd position
in Choudhary
Charan Singh
University, BAMS 1st
Prof. Exam 2021



"This is my first time to visit such kind of herbal medicine centre and Ayurvedic medical collage and I'm so excited that have been seen here many kind of plants for herbal Medicine to make an body and hair. It's so nice for all Nations. keep this kind of summit to promotive Ayurvedic medicine".

-H.E. Mrs. Bizunesh Meseret,
Hon'ble Ambassador,
Deputy Head of Mission,
Embassy of Ethiopia to India



"Pleasure to be at the Global Ayurvedic summit 2023 organised by Ishan. Congratulations & best wishes as you promote Ayurveda Globally".

-H.E. Mr. Kamlesh Shashi Prakash,
Hon'ble High Commissioner,
Embassy of Fiji to India



"I am happy to be part of this event, representing my High Commissioner. I am also happy to learn that Ayurveda has a lot in common with Gambian traditional medicine and that we can learn a lot from each other for future collaborations."

-Ms. Penda Njiek,
Counsellor of the Republic of
Gambia to India



"I am really pleasant to participate in the Indian Global Ayurvedic Summit 2023... This event about Ayurvedic herbal's benefits and its production development all over the world for wellbeing humanity...Thank you for organising..."

- Dr. Ulziitluvsanjav,
Counsellor of Mongolia to
India

ISHAN - A JOURNEY TOWARDS EXCELLENCE !



Management House



Pharmacy Academic Block



Faculty Residential facilities



Law Academic Block



In-Campus Auditorium



Sankalp Bhawan Boys Hostel



Scholar House Boys Hostel



SRK Girls Hostel



Pt. G. B. Pant Girls Hostel



An Aerial View of the Campus



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